CONFERENCE INFORMATION

2018 WEforum Health and Wellness Conference:
Eat for Life – How the Power of Food Can Heal your Body!

We have a great day planned for you filled with some fabulous educational lectures, timely discussions and topics with our Keynote Speakers, and a wide variety of vendors for you to explore during the conference breaks. You also get a first-hand view of the state of the art Bell Works Campus.

Location: Bell Works, 101 Crawford Corner Road in Holmdel, NJ.
(Add 20 minutes on to travel time to accommodate parking and registration)

Hopefully, by now, you have found time to create your personal schedule for our conference by accessing the SCHED application. If you are having issues or any questions about how to register, please reach out to us at info@weforumgroup.org.

A few quick notes and tips about the day:

- **Parking** – You will be directed by posted signage upon arrival at the Bell Works Campus toward the Purple Parking Lot. Please follow the event parking signs and park there and access the building through the nearest doors.
- **Registration and Check-in:** – You must register for the conference when you arrive. Registration is located in the Center Atrium on the Main Entrance side of the building. At registration, you will get your name badge/lanyard for the day which will provide you access to the lectures and luncheon which are held downstairs.
- **Schedule** – The schedule for the day will be handed out at registration but is also available online at https://bit.ly/2PPH2OB (link will be live on conference day). **PLEASE BE PROMPT FOR EACH SESSION** as they will start on time. We have WEforum Volunteers and Signage throughout the building to ease transition between the sessions.
- **Conference Booklet** - We are going ***paper free*** with our downloadable conference booklet! It will be accessible day of the conference at www.weforumgroup.org/
- **Dress Code** – We want you to relax, listen, engage and enjoy. It's a casual conference. Come as you like.
- **Wi-Fi** – Free public wi-fi will be accessible throughout the day. **Network – Bell Works Guest 2.4G. Password - 123456789**. Password information will also be provided at registration.
- **Restrooms**– The majority of restrooms are located in the Atrium by the elevator banks. Signs will lead the way or ask a volunteer. There are limited restrooms downstairs.
- **Social Media** – Help us keep the buzz going throughout the day. Feel free to post and comment across the social media platforms using #weforumgroup #eatforlife @weforumgroup

Conference Highlights:

- Don't miss our **Kick-off Presentation**. Please plan to arrive early, register and be in your seat for an energized, impassioned start to our conference.
- Our **Connection Cafe** hosted by Jill Merriman will allow attendees to network and our speakers to answer questions.
- We have **The Hol-Truth Podcast w/ Jon Levine** who will be interviewing speakers throughout the day.
- **Live with WEforum** produced by Cheri Golub will present Melissa Stark who will interview our top keynote speakers for a live Facebook stream.
- Our **Wise Up Teen Advocacy Group** will talk about **Hydrate for Life** and why replacing plastic with reusable bottles is so important. We are so proud that they wanted to sponsor our Hydrate for Life water refilling stations. Thus, we are going to be as ***plastic free*** as we can be (sadly not 100%, but we are trying). ***Please bring your own reusable water bottles.*** Imagine how much waste we will eliminate!